

MUMBAI SCHOOLS SPORTS ASSOCIATION

'MSSA-CASTROL Schools Sports Centre',
Azad Maidan (North End), Mahapalika Marg,
Mumbai - 400 001.

☎: 7039007576/7021437635



The Headmaster/Headmistress,
MEMBER SCHOOLS

Date: September 26, 2024

MSSA 28th ANNUAL INTER SCHOOL GYMNASTICS COMPETITION 2024-2025

Member Schools are hereby informed that the Inter School Gymnastics Competition for Boys and Girls will be held at different venues. The Venues and dates will be intimated to you later. The tournaments will be held from October 21, 2024 to December 2024.

TEAM CHAMPIONSHIPS:

Boys Team Championship: SIR MATHURADAS VISSANJI TROPHY-WINNER

Girls Team Championship: SIR MATHURADAS VISSANJI TROPHY-WINNER

- | | | | |
|----|----------------------|---------------------------------------|-------------|
| 1. | a)ENTRY FEES: | 1) Individual Apparatus | Rs. 500.00 |
| | | 2) Artistic Team Championship (Boys) | Rs. 1000.00 |
| | | 3) Artistic Team Championship (Girls) | Rs. 1000.00 |

**b) Rhythmic Gym., will be held on October 21, 2024 . The entries will be close on
October 15, 2024.**

**c) Mallakhamb will be held on November 16, 2024, last date for submitting the
entries will be November 14, 2024.**

**d) Artistics Gymnastic date will be intimated to you later. U/16 & u/14 will be held in
the last week of November 2024 and u/8/10/ and u/12 will be held in December 2024
and January 2025**

e) The schools can send 10 entries in their respective age group format.

**f) Teachers Coaches & Officials meeting on October 19, 2024 at 4.00 p at MSSA
Office Azad Maidan.**

2. ELIGIBILITY (BOYS & GIRLS):

- | | | | |
|----|--|---|---|
| a) | Seniors | - | Under-16 Years: Born on or after 01-01-2009 |
| b) | Junior/ Sr. | - | Under-14 Years: Born on or after 01-01-2011 |
| c) | Sub-Jr./National-6 | - | Under-12 Years: Born on or after 01-01-2013 |
| d) | National -5 | - | Under-10 Years: Born on or after 01-01-2015 |
| e) | National -4 | - | Under-8 Years: Born on or after 01-01-2017 |
| f) | A Competitor MUST participate in one age-group only. | | |
| g) | Bonafide students of the School from Std. I to Std. X having their names on the rolls
(in the General Register and on the Class Register) of the School on or before August 1, 2024
eligible. | | |

NOTE: Students appearing as private candidates for Mumbai Divisional Board/National
Open School (Delhi board) from their respective school will not be allowed to
participate.

RULES AND REGULATION OF THE COMPETITION:

1. **INDIVIDUAL APPARATUS:** Each school can send upto Four (4) entries to participate each individual Apparatus.
 - (1.1) Qualification round will be conducted on each apparatus for U/8, U/10, U/12 group.
 - (1.2) From qualifying round best (8) eight Gymnast will be selected for final round.
 - (1.3) This (8) eight gymnast will perform again on the same apparatus to decide individual apparatus championship freshly. (Marks of the Qualifying round (1.2) will not be added for finals.)
 - (1.4) U/14 & U/16 Direct final apparatus championship will be conducted.
 - (1.5) Official and Coach should be in proper uniform.

2. **TEAM CHAMPIONSHIP: (OPEN)** Each school may send a team of minimum 4 to maximum 6 Gymnasts for Boys, & Girls Team Championship may send minimum 4 to maximum 6 Girls gymnasts for team championship. School taking part in boys / girls team championship have to perform only exercise (i.e. 8A and 2B according to FIG code 2013-16) on all three apparatus. For each missing B part element deduction is 1.00 points and each missing A part element deduction is 0.50 points. Best 4 (Four) in Boys and best 4 (Four) in Girls point be counted for team championship. (Should there be less than 6 (six) school in the Girls Group and 8(eight) school in the Boys Group, the event stands cancelled).

The competition will be held in the following Code & Events :

For all Girls age group music & choreography is not compulsory. (No deduction)

Girls	U-8	Born on Or after 01-01-2017	FX, BB	(National- 4 MAGA framework)
Girls	U-10	Born on Or after 01-01-2015	FX, BB	(National- 5 MAGA framework)
Girls	U-12	Born on Or after 01-01-2013	FX, BB, TV	GFI Code (Sub-Junior)
Girls	U-14	Born on Or after 01-01-2011	FX, BB, TV	GFI Code (Junior)
Girls	U-16	Born on Or after 01-01-2009	FX, BB, TV	GFI Code (Senior)

Boys	U-8	Born on Or after 01-01-2017	FX, Box Vault	(National- 4 MAGA framework)
Boys	U-10	Born on Or after 01-01-2015	FX, Box Vault	(National- 5 MAGA framework)
Boys	U-12	Born on Or after 01-01-2013	FX, Box Vault, PB	(National- 6 MAGA framework)
Boys	U-14	Born on Or after 01-01-2011	FX, TV, PB	GFI Code (Sub-Junior)
Boys	U-16	Born on Or after 01-01-2009	FX, TV, PB	GFI Code (Junior)

Team Championship :-

Girls - FX, BB & TV - Optional (FIG Code)
 Boys - FX, TV & PB - Optional (FIG code)
 (8A and 2 B you have to perform)

For Team Championship participant boys and girls should be above 8 years old.

3. POLE MALLAKHAM

The event for the Pole Mallakhamb for Boys and Rope Mallakhamb for Girls in the age-group of Under-16, Under 14, Under-12 and Under-10 will be held. The exercises will be optional only and judged as per the rules of Mallakhamb Federation of India.

4. **Rhythmic Gymnastics U/8, U/10 & U/12 Only for girls**, following events (apparatus)

Girls U/8	Compulsory Freehand	Any one out of 5 Rope, Hoop, Ball, Club, Ribbon
Girls U/10	Compulsory Freehand	Any two out of 5 Rope, Hoop, Ball, Club, Ribbon
Girls U/12	Any four out of 5 Rope, Hoop, Ball, Club, Ribbon	

Individual events as per GFI (age group as per MSSA Rules)

5) **IDENTITY CARD FOR SPORTSMASTER/TEACHER/COACH**

Sportmaster Teacher/ Coach accompanying the team must possess Mumbai Schools Sports Association “**School Official**” Identity Card. A school official Identity card will be issued to the Sportsmaster/ Teacher / Coach and the same has to be duly filled

in block letters with a latest Identity Card size (1’x1’) photograph and to be submitted for registration to the Association Office. The above mentioned officials will not be entertained or recognized by the Association without the accredited valid identity card. The identity card must be worn round the neck, when on duty

NOTE: Identity cards issued to the Teachers/Sports Teachers/Coaches will be valid till he or she represents that particular school.

6. Competitors must report along with the Sports-in-charge 15 minutes before the commencement of their event to the Hon. Referee, failing to report at the prescribed time the Secretary/Hon. Referee has the right to refuse participation.
7. The organising Secretary along with the Judge will be Final authority regarding walk-Over, which cannot be claimed by any Competitor as a matter of right.
8. The Rules of the Gymnastics Association of India and Maharashtra Amateur Gymnastics Association will apply.
9. **Important:** No coaching from the sidelines will be allowed during the course of the competition.
10. **Protest:** Any protest, if at all lodged must be done through the accredited Sports-in-Charge/Teacher-in-Charge/Coach of the team within half an hour of the conclusion of the match along with the protest Fee of Rs. 2,000/-. The said protest should be endorsed by the Head of the School within 24 hours after the conclusion of the match. In case if the 24 hours falls on a Sunday or a Holiday, then it must be brought before 12.00 noon on the following day. The protest must be handed over to the Association’s Office.

Please Note: The protest once decided by the Executive Committee of the Association will be final and binding and shall not be disputed by any of the parties concerned in any forum thereafter.

11. TROPHIES / SHIELDS / CUPS:

It is resolved, that since the Association's Trophies /Shields / Cups are very old, valuable, precious and have sentimental value, the practice of allowing the school to carry away the Trophies / Shields / Cups will be continued by signing a BOND between the winning school and the Association. The Trophies / Shields / Cups will be presented to the recipient at the Prize Distribution Function of the respective EVENTS and will be allowed to be taken by the winning school and kept in possession for a week (7 days) only and the same will returned to the Association's office on expiry of the date of the Bond **in the same condition as it was presented.**

In case of any damage or loss of the Trophies / Shields / Cups, the winning school will have to pay the cost of the damage or loss of the said trophies / shields / cups valued at the present price.

However the trophies / shields / cups will not be given to student or parent but only to the accredited representative of the winning school.

12. **Prizes:** Certificates and Medals will be awarded to the Winners, Runners-Up and Third Place.
13. **VERY IMPORTANT:** Headmasters/Headmistresses, being absolutely responsible when submitting the List of Players, must be very careful to see that the Dates of Birth are correctly entered as per the School General Register. Very often, though no fault of the Headmasters/Headmistress, Schools have been found fielding overage students and the schools have been disqualified. This brings disrepute to your school. Moreover a fine of Rs.2,000/- will be imposed on any school found fielding overaged players in any group. In case of school found fielding overaged players, the same will be notified to all Members Schools and made public through the press, after ratification by the Executive Committee.
14. Schools walking out of the competition or disrespecting Prize Distribution Ceremony will also be fined Rs. 1,000/- and action will be taken against the school as per the resolution of the Association.
15. In case your student has any rank/seeding in Inter School or last years State or Nationals, please mention it in the Entry Form.
16. There should be minimum of eight participants from eight different schools in a particular age-group for that particular events for boys and a minimum of six participants from six different schools in a particular age-group for that particular event for girls, otherwise that events stands cancelled.
17. Kindly note you are sending the entries after accepting our terms and condition of the competition.

IMPORTANT

Please Note: Organisers will not be responsible for any injury, fracture and damages during the course of the Competition.

HEADMASTERS/HEADMISTRESSES OF SCHOOLS ARE REQUESTED TO KINDLY PUT THIS ON THEIR NOTICE BOARDS AS WE FEEL IT WOULD BENEFIT THE PARTICIPANT AND WHAT IS EXPECTED OF THEM ON AND OFF THE FIELD. HEADS OF PARTICIPATING SCHOOLS/SPORTS- IN-CHARGE/COACHES SHOULD READ THE RULES AND REGULATIONS CAREFULLY BEFORE SENDING THE ENTRIES.



(Esmero Figueiredo)
Hon. Gen. Secretary

(Rajendra Shelke)
Hon. Gymnastic Secretary

MUMBAI SCHOOLS SPORTS ASSOCIATION

ARTISTIC GYMNASTIC COMPETITION ENTRY FORM

BOYS

School Sports Master / Teacher –in-Charge _____

Tel. No. : _____

Tel. No. : _____

Fax No. _____

Mobile No. _____

Group	Event	Sr. No.	Competitors Name in Block Letters (Surname & Name Only)	Parent Mobile No.	Date Of Birth	Gen. Reg. No.	Std.	
SENIOR BOYS Under-16 years (Born on or after 1-1-2009)	FX	1						
		2						
		3						
		4						
	TV	1						
		2						
		3						
		4						
	PB	1						
		2						
		3						
		4						
Junior/ Sr. Boys Under-14 years (Born on or after 1-1-2011)	FX	1						
		2						
		3						
		4						
	TV	1						
		2						
		3						
		4						
	PB	1						
		2						
		3						
		4						
Sub- Jr. (National-6) Boys Under-12 years (Born on or after 1-1-2013)	FX	1						
		2						
		3						
		4						
	BOX	1						
		2						
		3						
		4						
	PB	1						
		2						
		3						
		4						
National-5 Boys Under -10 years (Born on or after 1-1-2015)	FX	1						
		2						
		3						
		4						
	BOX	1						
		2						
		3						
		4						
National-4 Boys Under -8 years (Born on or after 1-1-2017)	FX	1						
		2						
		3						
		4						
	BOX	1						
		2						
		3						
		4						

MUMBAI SCHOOLS SPORTS ASSOCIATION
ARTISTICS GYMNASTIC COMPETITION ENTRY FORM

GIRLS

_____ School Sports Master /

Teacher –in-Charge _____

Tel. No. : _____

Tel. No. : _____

Fax No. _____

Mobile No. _____

Group	Event	Sr. No.	Competitors Name in Block Letters (Surname & Name Only)	Parent Mobile No.	Date Of Birth	Gen. Reg. No.	Std.	
SENIOR GIRLS Under-16 years (Born on or after 1-1-2009)	FX	1						
		2						
		3						
		4						
	VH	1						
		2						
		3						
		4						
	BB	1						
		2						
		3						
		4						
Junior/ Sr. Girls Under-14 years (Born on or after 1-1-2011)	FX	1						
		2						
		3						
		4						
	VH	1						
		2						
		3						
		4						
	BB	1						
		2						
		3						
		4						
Sub-Junior (National-6) Girls Under-12 years (Born on or after 1-1-2013)	FX	1						
		2						
		3						
		4						
	VH	1						
		2						
		3						
		4						
	BB	1						
		2						
		3						
		4						
National- 5 Girls Under -10 years (Born on or after 1-1-2015)	FX	1						
		2						
		3						
		4						
	BB	1						
		2						
		3						
		4						
National-4 Girls Under -8 years (Born on or after 1-1-2017)	FX	1						
		2						
		3						
		4						
	BB	1						
		2						
		3						
		4						

MUMBAI SCHOOLS SPORTS ASSOCIATION

Rope Mallakhamb ENTRY FORM

GIRLS

_____ School Sports Master /

Teacher –in-Charge _____

Tel. No. : _____

Tel. No. : _____

Fax No. _____

Mobile No. _____

GROUP	Sr. No.	Competitor's Name (in Block Letters) Surname & Name	Parent Mobile No.	RM	Date of Birth	Std.	G.R. No.
Senior Girls Under-16 years (Born on or after 1-1-2009)	1						
	2						
	3						
	4						
Junior Girls Under-14 years (Born on or after 1-1-11)	1						
	2						
	3						
	4						
Sub-Junior Girls Under-12 years (Born on or after 1-1-2013)	1						
	2						
	3						
	4						
Midgets Girls Under-10 years (Born on or after 1-1-2015)	1						
	2						
	3						
	4						

MUMBAI SCHOOLS SPORTS ASSOCIATION

Mallakhamb ENTRY FORM

BOYS

_____ School Sports Master /

_____ Teacher –in-Charge

Tel. No. : _____

Tel. No. : _____

Fax No. _____

Mobile No. _____

GROUP	Sr. No.	Competitor's Name (in Block Letters) Surname & Name	Parent Mobile No.	PM	Date of Birth	Std.	G.R. No.
Senior Boys Under-16 years (Born on or after 1-1-2009)	1						
	2						
	3						
	4						
Juniors Boys Under-14 years (Born on or after 1-1-11)	1						
	2						
	3						
	4						
Sub Junior Boys Under-12 years (Born on or after 1-1-13)	1						
	2						
	3						
	4						
Midgets Boys Under-10 years (Born on or after 1-1-2015)	1						
	2						
	3						
	4						

MUMBAI SCHOOLS SPORTS ASSOCIATION
RHYTHMIC GYMNASTICS COMPETITION ENTRY FORM

Only for GIRLS

_____ School Sports Master /

Teacher –in-Charge _____

Tel. No. : _____

Tel. No. : _____

Fax No. _____

Mobile No. _____

Group	Event	Sr. No.	Competitors Name in Block Letters (Surname & Name Only)	Parent Mobile No.	Date of Birth	Gen. Reg. No.	Std.	
Midgets Girls Under 8 years (Born on or after 1-1-2017)	Free Hand	1						
		2						
		3						
		4						
		1						
		2						
		3						
		4						
Sub-Junior Girls Under 10 years (Born on or after 1-1-2015)	Free Hand	1						
		2						
		3						
		4						
		1						
		2						
		3						
		4						
		1						
		2						
		3						
		4						
Junior Girls Under 12 years (Born on or after 1-1-2013)	Hoop	1						
		2						
		3						
		4						
	Ball	1						
		2						
		3						
		4						
	Club	1						
		2						
		3						
		4						
	Rope	1						
		2						
		3						
		4						
	Ribbon	1						
		2						
		3						
		4						

MUMBAI SCHOOLS SPORTS ASSOCIATION
ARTISTIC GYMNASTIC COMPETITION TEAM CHAMPIONSHIP
Boys /Girls

School Name _____

Name of the Sportsmaster / Teacher-in-Charge / Coach (1)_____ (2) _____

Tel.No. (1)_____(2)_____

	Sr. No.	Competitors Name in Block letters (Surname & Name Only)
TEAM CHAMPIONSHIP BOYS OPEN	1	
	2	
	3	
	4	
	5	
	6	
TEAM CHAMPIONSHIP GIRLS OPEN	1	
	2	
	3	
	4	
	5	
	6	

SCHOOL STAMP
 HEADMASTER/HEADMISTRESS

DATE : _____